

The book was found

Tai Chi Spirit 2016 Wall Calendar



Synopsis

Tai chi symbolizes balance, harmony, and intent just a few of the healthful benefits this martial art offers. The Tai Chi Spirit wall calendar features striking photographs of internationally acclaimed tai chi masters demonstrating postures in beautiful settings, from serene forests to bustling metropolitan areas. Whether you are a devoted practitioner or you simply love the natural grace of the movements, Tai Chi Spirit is sure to strengthen your chi all year long. A year of inspiring tai chi postures on your wall. Frameable artbook-quality printing. The perfect gift for the martial arts enthusiast. Features exceptional photographs of tai chi masters Dr. Yang, Jwing-Ming, Helen Liang, Daoist monk Zhou, Xuan-Yun, and others. Printed on FSC Certified Mixed Source Paper with soy-based inks. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. Created in partnership with YMAA publishing. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions.

Book Information

Calendar: 28 pages

Publisher: Amber Lotus Publishing; 1 edition (July 22, 2015)

Language: English

ISBN-10: 1631360450

ISBN-13: 978-1631360459

Product Dimensions: 11.4 x 11.8 x 0.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #1,253,022 in Books (See Top 100 in Books) #609 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Tai Chi & Qi Gong #3021 inÂ Books > Sports & Outdoors > Individual Sports > Martial Arts #7455 inÂ Books > Calendars

Customer Reviews

My Tai Chi class has been receiving these calendars for years for Christmas. Very informative if you are into martial arts or Tai Chi. Every month has a different Tai Chi movement in a large colorful picture, the name of the movement and the person performing the movement. Each month has a Chinese proverb. Also a spirituality about the calendar; it's a wonderful calendar. Definitely worth the money!

high-quality printing of fine, evocative photos of real taijiquan masters in action in idyllic natural scenery. my only reservation, (otherwise, this would be a 5 star review) is that, for some reason , I thought that this was a 16-month calendar. maybe next year?

Great pictures and some nice quotes. If you like Tai Chi or Eastern philosophy, this would be a good choice.

[Download to continue reading...](#)

Tai Chi: The Ultimate Guide to Mastering Tai Chi for Beginners in 60 Minutes or Less! (Tai Chi - Tai Chi for Beginners - Martial Arts - Fighting Styles - How to Fight - Chakras - Reiki) Tai Chi for Beginners: The Ultimate Guide to Supercharge Your Mind, Increase Your Energy & Feel Amazing By Unlocking the Power of Tai Chi (Tai Chi - Tai ... How to Fight - Martial Arts for Beginners) Tai Chi Spirit 2016 Wall Calendar The Tai Chi Bible: The Definitive Guide to Decoding the Tai Chi Form (Subject Bible) Tai Chi Qigong: The Internal Foundation of Tai Chi Chuan T. T. Liang's Tai Chi Chuan: The Tai Chi Solo Form with Rhythm (Volume 1) Tai Chi: The Ultimate Guide to Mastering Tai Chi for Beginners in 60 Minutes or Less! Bowling Mini Wall Calendar 2017: 16 Month Calendar Polo Calendar 2016: 16 Month Calendar The Collectible Teapot & Tea Wall Calendar 2016 Cynthia Hart's Victoriana Wall Calendar 2016 Coca-Cola Wall Calendar (2016) Fractal Cosmos 2016 Wall Calendar 2016 Succulents Wall Calendar The Dao of Taijiquan: Way to Rejuvenation (Tai Chi) The Harvard Medical School Guide to Tai Chi: 12 Weeks to a Healthy Body, Strong Heart, and Sharp Mind (Harvard Health Publications) (Paperback) - Common The Harvard Medical School Guide to Tai Chi: 12 Weeks to a Healthy Body, Strong Heart, and Sharp Mind by Wayne, Peter (4/9/2013) Rising UP!: My Recovery from Multiple Sclerosis, Disability and Despair, including Western and Chinese Medicine, Tai Chi, Qigong, diet, neurological exercise, meditation--and much more! The Harvard Medical School Guide to Tai Chi: 12 Weeks to a Healthy Body, Strong Heart, and Sharp Mind (Harvard Health Publications) Meditative Flute: Learn how to play the Native American flute to enhance your Yoga, Meditation, Biking, Walk/Run, Pilates, Tai Chi, Workout, or Feldenkrais practice

[Dmca](#)